



THE  
SLUMBEROUS  
ANTIQUITY  
IN US

MOONBLIND  
MEN BROWBEAT  
THE SOFT WET EARTH  
SWEARING VICTORY  
OVER WHAT THEY  
STAND UPON

THEY WANT YOU  
SUNKEN CHEST  
STUCK IN MUCK  
BEGGING FOR  
THEIR TREASURE  
NEVER KNOWING  
YOUR GOLD  
RESIDES INSIDE

SOMEWHERE  
IN OUR  
SEABED  
WE ARE

PREDOMINATELY  
WISE

ONLY  
NOW

THE POWER OF  
HOLLYWOOD LIGHTS  
OUTSHINES THE  
SKY AND WE CALL  
PEOPLE STARS

PLEADING  
FOR  
CONNECTION

FEELING  
ALWAYS

SEPARATED  
FROM OUR  
SOURCE

WHAT  
BLOCKS OUR  
REMEMBRANCE?



**The Slumberous Antiquity In Us**  
**A 21 Painting Poem**  
**Daniel Patrick Helmstetter**





MOONBLIND  
MEN BROWBEAT  
THE SOFT WET EARTH  
SWEARING VICTORY  
OVER WHAT THEY  
STAND UPON

A black circle is centered on a white background. Inside the circle, the text "THEY WANT YOU SUNKEN CHEST STUCK IN MUCK BEGGING FOR THEIR TREASURE NEVER KNOWING YOUR GOLD RESIDES INSIDE" is written in a bold, white, sans-serif font. The text is arranged in ten lines, with some words overlapping between lines.

THEY WANT YOU  
SUNKEN CHEST  
STUCK IN MUCK  
BEGGING FOR  
THEIR TREASURE  
NEVER KNOWING  
YOUR GOLD  
RESIDES INSIDE



SOMEWHERE  
IN OUR  
SEABED  
WE ARE



**PREDOMINATELY  
WISE**



**THE POWER OF  
HOLLYWOOD LIGHTS  
OUTSHINES THE  
SKY AND WE CALL  
PEOPLE STARS**







**WHAT  
BLOCKS OUR  
REMEMBERANCE?**

**IT'S  
TOUGH TO  
SEE THE  
SILENT  
GUIDE**



**I WAS A  
CHILD WHEN I  
HID THE FEAR THAT  
PUTRIFIED  
INSIDE ME**

AND THE  
SHELL THAT  
GREW TO PROTECT  
ME TRAPPED  
ME





IT TAKES  
BRAVERY TO  
EMBRACE





**MAY GOD  
COMPEL  
THE GOD  
IN US**

**TO  
COURAGEOUSLY  
AWAKEN**



ELEMENTAL  
MEMORIES  
OF BLESSED  
INHERITANCE



RESTFULLY  
NESTING  
UNDERFOOT



2014  
Enamel on Birch  
21 paintings  
21cm - 53cm

This series was conceived and created as twenty one individual paintings, together making one poem. Each of the twenty one paintings is available for purchase.

Prices Available Upon Request  
[daniel@danielpatrick.org](mailto:daniel@danielpatrick.org)

- \* "Moonblind Men" - 53cm
- \* "Sunken Chest" - 47cm
- \* "Somewhere In Our Seabed" - 47cm
- \* "Predominately Wise" - 42cm
- \* "Only Now" - 33cm
- \* "Hollywood Lights" - 28.5cm
- \* "Pleading For Connection" - 28cm
- \* "Feeling Always" - 28cm
- \* "From Our Source" - 23.5cm
- \* "What Blocks" - 23.5cm
- \* "Silent Guide" - 21.5cm
- \* "When I'm Quiet" - 23.5cm
- \* "Putrified Inside Me" - 23.5cm
- \* "And The Shell" - 28cm
- \* "Terrapin's Pace" - 28.5cm
- \* "Bravery To Embrace" - 29cm
- \* "The Slumberous Antiquity In Us" - 34.5cm
- \* "May God Compel The God" - 42cm
- \* "To Courageously Awaken" 4tcm
- \* "Blessed Inheritance" - 49cm
- \* "Restfully Nesting" - 53cm



“The Slumberous Antiquity in Us” is a body of work exploring what is old inside. On a macro level, it ponders the absurdity of living in the year Two Thousand and Fourteen when humans have been on Earth for hundreds of thousands of years. What have we forgotten? What interests does it serve to fuel this disconnection? On a micro level, the series explores what it’s like to work through old wounds that create patterns of subtle underlying influence on our behavior. What is it like to address our old inner junk?

**The Slumberous Antiquity In Us**  
**A Poem in 21 Paintings**  
**Daniel Patrick Helmstetter**

“It’s somewhere between a prayer against patriarchal white violence and a meditation on my mother issues. It’s about a feeling that the mother is missing but present. It’s about the suppression of story, legacy, worth and power, both internal and out. It suggests that our fear of addressing our internal abuse allows for perpetual systematic abuse.”